

True Balance

Quarantine/Isolation

Allergen Meal Kits prepared without daily, soy, eggs, wheat, gluten, tree nuts, peanuts, fish or shellfish.

Each day you are in Quarantine or Isolation, you will order and receive a meal kit which contains a full day's supply of meals, snacks and beverages.

To receive a Quarantine/Isolation Meal Kit, log onto the [Berklee Mobile App](#)

Day 1, place two orders:

1. Q1 - Select a meal for Day 1 of Quarantine/Isolation.
2. Q2 - Select a meal kit for Day 2

Day 2 and on, place one order:

Each day you are in Quarantine/Isolation, you will need to order a meal kit for the following day from the Q2 section on the Mobile App.

Please contact us with any questions,
diningservices@berklee.edu

Quarantine and Isolation Menu

Order your meals for Quarantine and Isolation through the [Berklee Mobile App](#)

Monday

Breakfast	Turkey Sausage, Home Fries, Mixed Fruit
Lunch	Hamburger, Baked Potato Wedges, Garden Salad
Dinner	Roast Turkey Breast, Roast Sweet Potatoes, Balsamic Roasted Vegetables

Tuesday

Breakfast	Hash Browns, Mixed Fruit, Bacon
Lunch	Hot Dog, Ancho Beef Chili, Garden Salad
Dinner	Herbed Chicken, Cilantro Lime Rice, Grilled Veggies

Wednesday

Breakfast	O'Brien Potatoes, Mixed Fruit, Turkey Sausage
Lunch	Turkey Burger, Sweet Potato Hash w/ Bacon, Garden Salad
Dinner	Grilled Italian Sausage, Red Beans & Rice, Grilled Italian Vegetables

Thursday

Breakfast	Home Fries, Mixed Fruit, Bacon
Lunch	Hamburger, Baked Potato Wedges, Garden Salad
Dinner	Baked Ham, Honey Orange Potatoes, Steamed Mixed Vegetables

Friday

Breakfast	Hash Browns, Mixed Fruit, Turkey Sausage
Lunch	Hot Dog, Ancho Beef Chili, Garden Salad
Dinner	Rotisserie Chicken, Roast Garlic Potato, Zucchini and Tomato

Saturday

Breakfast	O'Brien Potatoes, Mixed Fruit, Bacon
Lunch	Turkey Burger, Sweet Potato Hash w/ Bacon, Garden Salad
Dinner	BBQ Roast Turkey, Cajun Rice, Grilled Green Beans

Sunday

Breakfast	Home Fries, Mixed Fruit, Turkey Sausage
Lunch	Hamburger, Baked Potato Wedges, Garden Salad
Dinner	Roast Beef Au Jus, Steamed Red Potatoes, Grilled Vegetables